



مركز إمبريال كوليدج لندن للسكري  
IMPERIAL COLLEGE LONDON DIABETES CENTRE

*Photo release Dailies – health, sports, lifestyle, events, tabloid; Online*

**TODAY Friday November 25 2011**

**It's official!**  
**The capital hosted a crowd of**  
**16,000 in Walk for Life**

A healthy lifestyle was the theme of the annual walkathon  
at Yas Marina Circuit, Abu Dhabi

(For more information visit [www.Diabetesuae.ae](http://www.Diabetesuae.ae))

**Abu Dhabi, UAE November 25 2011:** Sixteen thousand people turned up to support Walk for Life's call for the nation to embrace a healthy lifestyle by pacing five kilometres at Yas Marina Circuit in the UAE capital, Abu Dhabi (today, Friday, November 25).

This is the largest ever crowd in the five years of the annual walkathon, part of the award-winning public health awareness campaign, 'Diabetes-Knowledge-Action' under the patronage of Her Highness Sheikha Fatima bint Mubarak. The event is organised by Imperial College London Diabetes Centre (ICLDC), and supported by The National Health Insurance Company – Daman.

The message is for everyone to take charge of their lifestyle by embracing a healthy diet and regular exercise, such as a 30-minute brisk walk every day. These smart, simple steps can help manage and even prevent diabetes.

In recent years diabetes has reached epidemic levels worldwide, with children as young as seven years of age developing diabetes. Since 2007, ICLDC's campaign has reached out to more than 125,000 people in UAE.

**For more information:**

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## **About Imperial College London Diabetes Centre**

Imperial College London Diabetes Centre is a one-stop, state-of-the-art, out-patient facility that specialises in diabetes treatment, research, training and public health awareness, with two centres – one each in Abu Dhabi and Al Ain.

The purpose-built centres are an initiative of Mubadala Healthcare, in partnership with the UK's Imperial College London. Mubadala Healthcare, a division of Mubadala Development Company, is specifically dedicated to investment in strategic, high value and economically sustainable projects that meaningfully enhance the private healthcare infrastructure of Abu Dhabi and the UAE.

The launch of ICLDC in 2006 is testament to the vision of Mubadala Healthcare to develop projects that protect and enhance the nation's health. ICLDC has offered diabetes prevention, education and treatment to more than 100,000 people.

'Diabetes-Knowledge-Action' is ICLDC's award-winning public health awareness campaign. It was launched in 2007 under the patronage of HH Sheikha Fatima bint Mubarak, in partnership with The Emirates Foundation for Philanthropy.

ICLDC Abu Dhabi holds the Joint Commission International (JCI) Clinical Care Program Certification (CCPC) in Diabetes Management and JCI Accreditation for Ambulatory Care. When the Centre received the awards it became the only healthcare provider worldwide to hold both certifications and the first facility in the Middle East and third globally to hold JCI's highly-acclaimed CCPC specifically for the clinical management of diabetes.